

Memoreal Anteunis 26: Session: 1: COACH evaluation sheet for TEAM: KWZC

Coachinfo: Warming up from: 08:00 untill 08:50. Teamleadmeeting @ 08:45 The listed starttimes are indicative!

Coaches: Beel Steven

Coaches: Destoop Jens

Coaches: Nellen Maik HEADCOACH

PB => Personal Best time SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 50M BREASTSTROKE WOMEN 11-17			Heat:8, starttime: 09:09
Heat: 8/11 Lane : 2 Athlete: VAN GANSBEKE NORE			Q-time: 00:41:66
PB (25m pool): 00:41.54 Brugge 04/10/2026			PB (50m pool): 00:42.32 SB: 00:41.54 Brugge 04/10/2026
PB	2 5 M	5 0 M	
		00:41.54	
	00:41.54		
			

Coach feedback:

Event number: 1: 50M BREASTSTROKE WOMEN 11-17			Heat:8, starttime: 09:09
Heat: 8/11 Lane : 3 Athlete: DEPAEPE LANA			Q-time: 00:41:39
PB (25m pool): 00:41.39 Waregem 26/09/2026			PB (50m pool): 00:40.88 SB: 00:41.39 Waregem 26/09/2026
PB	2 5 M	5 0 M	
		00:41.39	
	00:41.39		
			

Coach feedback:

Event number: 2: 50M BREASTSTROKE MEN 11-17			Heat:4, starttime: 09:18
Heat: 4/10 Lane : 7 Athlete: DEVOS EMILE			Q-time: 00:45:79
PB (25m pool): 00:45.79 Waregem 26/09/2026			PB (50m pool): no time SB: 00:45.79 Waregem 26/09/2026
PB	2 5 M	5 0 M	
		00:45.79	
	00:45.79		
			

Coach feedback:

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Event number: 2: 50M BREASTSTROKE MEN 11-17			Heat:6, starttime: 09:20
Heat: 6/10 Lane : 2 Athlete: NELLEN THIBO			Q-time: 00:40:46
PB (25m pool): 00:40.46 Waregem 26/09/2026			PB (50m pool): no time SB: 00:40.46 Waregem 26/09/2026
	2 5 M	5 0 M	
PB		00:40.46	
		00:40.46	
			

Coach feedback:

Event number: 2: 50M BREASTSTROKE MEN 11-17			Heat:7, starttime: 09:21
Heat: 7/10 Lane : 2 Athlete: BEEL NOAH			Q-time: 00:38:06
PB (25m pool): 00:38.06 Waregem 26/09/2026			PB (50m pool): 00:39.90 SB: 00:38.06 Waregem 26/09/2026
	2 5 M	5 0 M	
PB		00:38.06	
		00:38.06	
			

Coach feedback:

Event number: 3: 50M FREESTYLE WOMEN 11-17			Heat:3, starttime: 09:28
Heat: 3/16 Lane : 7 Athlete: WEYNE YOLIYA			Q-time: 00:37:61
PB (25m pool): 00:37.61 Waregem 26/09/2026			PB (50m pool): no time SB: 00:37.61 Waregem 26/09/2026
	2 5 M	5 0 M	
PB		00:37.61	
		00:37.61	
			

Coach feedback:

Event number: 3: 50M FREESTYLE WOMEN 11-17			Heat:13, starttime: 09:37
Heat: 13/16 Lane : 3 Athlete: VAN HOUCKE IMKE			Q-time: 00:29:56
PB (25m pool): 00:29.56 Meulebeke 19/04/2026			PB (50m pool): 00:29.81 SB: 00:29.73 Waregem 26/09/2026
	2 5 M	5 0 M	
PB		00:29.56	
		00:29.56	
			

Coach feedback:

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Event number: 4: 50M FREESTYLE MEN 11-17			Heat:4, starttime: 09:44
Heat: 4/13 Lane : 6 Athlete: BHIJA NASSIM			Q-time: 00:33:00
PB (25m pool): 00:33.00 Waregem 26/09/2026			PB (50m pool): 00:36.08 SB: 00:33.00 Waregem 26/09/2026
	2 5 M	5 0 M	
PB		00:33.00	
		00:33.00	
			

Coach feedback:

Event number: 4: 50M FREESTYLE MEN 11-17			Heat:6, starttime: 09:46
Heat: 6/13 Lane : 8 Athlete: DEVOS EMILE			Q-time: 00:31:05
PB (25m pool): 00:31.05 Waregem 26/09/2026			PB (50m pool): no time SB: 00:31.05 Waregem 26/09/2026
	2 5 M	5 0 M	
PB		00:31.05	
		00:31.05	
			

Coach feedback:

Event number: 4: 50M FREESTYLE MEN 11-17			Heat:10, starttime: 09:50
Heat: 10/13 Lane : 1 Athlete: LAVAERT CLÉMENT			Q-time: 00:28:21
PB (25m pool): 00:28.21 Waregem 26/09/2026			PB (50m pool): 00:29.43 SB: 00:28.21 Waregem 26/09/2026
	2 5 M	5 0 M	
PB		00:28.21	
		00:28.21	
			

Coach feedback:

Event number: 4: 50M FREESTYLE MEN 11-17			Heat:12, starttime: 09:52
Heat: 12/13 Lane : 7 Athlete: CARIS EMIEL			Q-time: 00:26:68
PB (25m pool): 00:26.68 Waregem 26/09/2026			PB (50m pool): 00:27.10 SB: 00:26.68 Waregem 26/09/2026
	2 5 M	5 0 M	
PB		00:26.68	
		00:26.68	
			

Coach feedback:

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Event number: 5: 50M BUTTERFLY WOMEN 11-17			Heat:3, starttime: 09:56
Heat: 3/11 Lane : 0 Athlete: WEYNE YOLIYA			Q-time: 00:43:50
PB (25m pool): 00:43.50 Waregem 26/09/2026			PB (50m pool): no time SB: 00:43.50 Waregem 26/09/2026
	2 5 M	5 0 M	
PB		00:43.50	
		00:43.50	
			

Coach feedback:

Event number: 5: 50M BUTTERFLY WOMEN 11-17			Heat:5, starttime: 09:58
Heat: 5/11 Lane : 0 Athlete: VAN GANSBEKE NORE			Q-time: 00:38:08
PB (25m pool): 00:38.08 Waregem 26/09/2026			PB (50m pool): 00:42.43 SB: 00:38.08 Waregem 26/09/2026
	2 5 M	5 0 M	
PB		00:38.08	
		00:38.08	
			

Coach feedback:

Event number: 5: 50M BUTTERFLY WOMEN 11-17			Heat:11, starttime: 10:04
Heat: 11/11 Lane : 0 Athlete: DERAEDT TILLE			Q-time: 00:32:47
PB (25m pool): 00:33.24 WAREGEM 27/09/2025			PB (50m pool): 00:32.47 SB: no time
	2 5 M	5 0 M	
PB		00:33.24	
		00:33.24	
			

Coach feedback:

Event number: 6: 50M BUTTERFLY MEN 11-17			Heat:6, starttime: 10:11
Heat: 6/11 Lane : 0 Athlete: TACK THORBEN			Q-time: 00:35:17
PB (25m pool): 00:35.17 Waregem 26/09/2026			PB (50m pool): no time SB: 00:35.17 Waregem 26/09/2026
	2 5 M	5 0 M	
PB		00:35.17	
		00:35.17	
			

Coach feedback:

Memoreal Anteunis 26: Session: 1: COACH evaluation sheet for TEAM: KWZC

Event number: 6: 50M BUTTERFLY MEN 11-17			Heat:8, starttime: 10:13
Heat: 8/11 Lane : 3 Athlete: NELLEN THIBO			Q-time: 00:30:77
PB (25m pool): 00:30.77 Waregem 26/09/2026			PB (50m pool): 00:31.92 SB: 00:30.77 Waregem 26/09/2026
	2 5 M	5 0 M	
PB		00:30.77	
		00:30.77	
			

Coach feedback:

Event number: 6: 50M BUTTERFLY MEN 11-17			Heat:8, starttime: 10:13
Heat: 8/11 Lane : 7 Athlete: BEEL NOAH			Q-time: 00:30:91
PB (25m pool): 00:30.68 Brugge 04/10/2026			PB (50m pool): 00:31.48 SB: 00:30.68 Brugge 04/10/2026
	2 5 M	5 0 M	
PB		00:30.68	
		00:30.68	
			

Coach feedback:

Event number: 6: 50M BUTTERFLY MEN 11-17			Heat:10, starttime: 10:15
Heat: 10/11 Lane : 0 Athlete: CARIS EMIEL			Q-time: 00:30:24
PB (25m pool): 00:30.24 Waregem 26/09/2026			PB (50m pool): 00:30.31 SB: 00:30.24 Waregem 26/09/2026
	2 5 M	5 0 M	
PB		00:30.24	
		00:30.24	
			

Coach feedback:

Event number: 7: 50M BACKSTROKE WOMEN 11-17			Heat:4, starttime: 10:22
Heat: 4/11 Lane : 7 Athlete: WEYNE YOLIYA			Q-time: 00:43:89
PB (25m pool): 00:43.89 Waregem 26/09/2026			PB (50m pool): no time SB: 00:43.89 Waregem 26/09/2026
	2 5 M	5 0 M	
PB		00:43.89	
		00:43.89	
			

Coach feedback:

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Event number: 8: 50M BACKSTROKE MEN 11-17							Heat:5, starttime: 10:40		
Heat: 5/9 Lane : 0 Athlete: BEEL NOAH							Q-time: 00:37:42		
PB (25m pool): 00:35.01 Brugge 04/10/2026							PB (50m pool): 00:37.42 SB: 00:35.01 Brugge 04/10/2026		
	2 5 M		5 0 M						
PB			00:35.01						
	00:35.01								
									

Coach feedback:

Event number: 8: 50M BACKSTROKE MEN 11-17										Heat:6, starttime: 10:41	
Heat: 6/9 Lane : 2 Athlete: CARIS EMIEL										Q-time: 00:34:68	
PB (25m pool): 00:33.56 Braine l Alleud 31/03/2024										PB (50m pool): 00:34.12 SB: no time	
	2 5 M		5 0 M								
PB			00:33.56								
	00:33.56										
											

Coach feedback:

Event number: 9: 400M FREESTYLE WOMEN 11-17							Heat:11, starttime: 11:51	
Heat: 11/12 Lane : 5 Athlete: VAN HOUCKE IMKE							Q-time: 04:50:70	
PB (25m pool): 04:50.70 Diksmuide 12/10/2025				PB (50m pool): 04:54.12 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:33.29		01:09.93		01:47.03		02:24.50
	00:33.29		00:36.64		00:37.10		00:37.47	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:01.70		03:38.98		04:15.63		04:50.70
	00:37.20		00:37.28		00:36.65		00:35.07	
								

Coach feedback:

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Event number: 10: 400M FREESTYLE MEN 11-17							Heat:4, starttime: 12:24	
Heat: 4/10 Lane : 5 Athlete: BHIJA NASSIM							Q-time: 05:33:79	
PB (25m pool): 05:33.79 LAGO Zwevegem 25/05/2026				PB (50m pool): 06:06.01 SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:37.96		01:19.81		02:02.87		02:44.61
	00:37.96		00:41.85		00:43.06		00:41.74	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:27.46		04:11.26		04:54.66		05:33.79
	00:42.85		00:43.80		00:43.40		00:39.13	
								

Coach feedback:

Event number: 10: 400M FREESTYLE MEN 11-17							Heat:8, starttime: 12:47	
Heat: 8/10 Lane : 9 Athlete: NELLEN THIBO							Q-time: 04:54:90	
PB (25m pool): 04:54.90 Sint-Amandsberg 19/10/2025				PB (50m pool): no time SB: no time				
	2 5 M	5 0 M	7 5 M	1 0 0 M	1 2 5 M	1 5 0 M	1 7 5 M	2 0 0 M
PB		00:32.78		01:09.84		01:47.31		02:24.75
	00:32.78		00:37.06		00:37.47		00:37.44	
								
	2 2 5 M	2 5 0 M	2 7 5 M	3 0 0	3 2 5	3 5 0	3 7 5	4 0 0 M
PB		03:02.39		03:40.34		04:18.38		04:54.90
	00:37.64		00:37.95		00:38.04		00:36.52	
								

Coach feedback: